



SFAS

SWISS FOOT AND ANKLE SOCIETY
SCHWEIZERISCHE GESELLSCHAFT FÜR CHIRURGIE UND MEDIZIN DES FUSSES
SOCIÉTÉ SUISSE DE CHIRURGIE ET MÉDECINE DU PIED



IBRA International Bone
Research Association

SFAS Surgery Day & Bioskills workshop 2026

The juvenile and adult neurological foot

Friday, 10. April 2026, 8.30–16.00h

Morning session: the adult neurological foot

Afternoon session: the juvenile neurological foot
Case Discussions

Saturday, 11. April 2026, 8.45–15.00h

Wetlab with surgeries for adult neurological foot conditions

Bioskills workshop Foot & Ankle anatomical approaches & surgeries

Inselspital, University Hospital, Bern
Sitem-insel, Swiss Institute for Translational
and Entrepreneurial Medicine, Bern

Organisation:

Petra Heil, Helen Anwander, Fabian Krause



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SOCIÉTÉ SUISSE DE CHIRURGIE ET MÉDECINE DU PIED**IBRA** International Bone
Research Association**Friday, 10. April 2026, 8.30–16.00h**

Location: Anna Seiler Haus (ASH) – Konferenzraum U1_005 – 007, Inselspital

Time	Topic	Speaker
08:00	Registration	
08:30	Welcome	P. Heil, H. Anwander, F. Krause
08:40	Introduction, the adult neurological foot	F. Krause
08:55	Diagnostics and examination	V. Hecht
09:10	Conservative therapy/technical orthopedics	Ch. Sidler
09:30	<i>Coffee break and industrial exhibition</i>	
10:00	Achilles tendon + plantar fascia release	
10:15	Calcaneal osteotomy - open - minimally invasive	M. Peterhans
10:45	Tendon transfer I (peroneus longus to peroneus brevis)	S. Meier
11:00	Tendon transfer II (extensor hallucis longus to metatarsal I)	P. Heil
11:15	Tendon transfer III Posterior tibial tendon to lateral cuneiform bone	F. Krause
11:30	Midfoot/forefoot osteotomy (MT I OT)	A. Acker
11:45	Discussion	
12:00	<i>Lunch break and industrial exhibition</i>	
13:30	Case discussion	P. Heil, S. Meier, F. Krause
14:10	<i>Break and industrial exhibition</i>	
14:40	The juvenile neurological foot	D. Grade
15:55	Farewell	P. Heil, H. Anwander, F. Krause
16:00	End	



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Saturday, 11. April 2026, 8.45–15.00h

Location: CATR Unit, floor 2, sitem-insel

Time	Topic	Speaker
08:30	Welcome	P. Heil, H. Anwander, F. Krause
08:35	Introduction IBRA	T. Hövekamp
08:50	Introduction Lab	H. Anwander
09:00	Open calcaneal osteotomy	M. Peterhans
10:00	Tendon transfer I (peroneus longus to peroneus brevis)	S. Meier
11:00	Tendon transfer II (extensor halluc longus to metatarsal I)	P. Heil
12:00	<i>Lunch break</i>	
13:00	Tendon transfer III Posterior tibial tendon to lateral cuneiform bone	F. Krause
14:00	Midfoot osteotomy	A. Acker
15:00	End	P. Heil, H. Anwander, F. Krause





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Information

Registration/Information

Online registration: www.sfas.ch

Lea Götz, Sekretariat SFAS

Email: office@sfas.ch

Locations

Friday: Konferenzraum U1_005 – 007

Anna-Seiler-Haus (ASH), U1, Inselspital

Freiburgstrasse 20

3010 Bern

Saturday: Wetlab, sitem-insel, Bern

Hörsaal CATR Unit, Floor 2

Freiburgstrasse 3

3010 Bern

Course Fee

SFAS Surgery Day 10.4.2026

SFAS-Member CHF 75.–

SFAS-Non Member CHF 100.–

Resident/Physiotherapist CHF 50.–

IBRA/SFAS Wetlab 11.4.2026

CHF 50.- (limited number of participants, first come-first served)

CME Credits

Swiss Orthopaedics (SGOT):

5 credit points 10.4.2026

6 credit points 11.4.2026

Organisation

PD Dr. med. Helen Anwander, Inselspital, Bern

Dr. med. Petra Heil, Spitäler FMI

Prof. Dr. med. Fabian Krause, Sonnenhof, Bern



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